



6600 BIGERTON BEND | CANAL WINCHESTER, OH 43110 | 614.829.5800

## **Recommended Licensed Professional Counselors**

### **3D Pathways, LLC**

Counseling practice in Lancaster and Canal Winchester Ohio focused on addressing the 3Dimensional needs of a person: mind, body and spirit. With this balance, we believe individuals can move from surviving to thriving even in the midst of a storm.

Clientele: Adults over 18, Family

Areas of Competence: Telehealth Certified, Grief, Loss and Trauma (Bereavement, Divorce, Abuse Recovery, Life Transitions, Loss of Job, Losses unique to COVID-19). Depression, Anxiety, Women's Issues, Aging, Cognitive Behavioral Therapy, Mindfulness

We are also passionate about supporting first responders (including other Mental Health professionals and clergy). We want to help leaders develop and maintain positive selfcare strategies as they support others to avoid burnout.

Insurance: Medicaid, Caresource, Molina, Cigna, Aetna, Anthem, United/Optum, Cigna, Medical Mutual, Medicare  
Also accepting non-insured and offering financial assistance to those who qualify

Currently offering telehealth, or in person sessions at the these locations:

57 W Waterloo St, Suite 203  
Canal Winchester. OH 43110

2318 E Main St  
Lancaster, OH 43130

**Website:** [www.3dpathways.com](http://www.3dpathways.com)

## **Hope Counseling Center (Center of Hope)**

Clientele: all ages

Contact: 614-252-2500

Location: 3964 E Main St, Columbus, OH 43213

Website: [victoryministriescolumbus.org](http://victoryministriescolumbus.org)

## **Luke Sargent, M.A. LPC**

Clientele: Adolescent, Individual, Marriage and Family Counseling, typically adolescent age and up (including older adults)

Contact: 1-800-323-7174, ext. 10 or 740-601-2932. Email:

[luke@newsourcounseling.com](mailto:luke@newsourcounseling.com)

Office Locations: Lancaster, Reynoldsburg, Zanesville (Lancaster being my primary office)

Website: [newsourcounseling.com](http://newsourcounseling.com)

Insurance: Caresource Network is covered in full. Out of Network for various other providers. Will accept non-insured.

Areas of Competence: Marriage & Relationships, Mood & Anxiety Disorder (including depression), Spiritual/faith issues. I'm passionate about incorporating Scripture and faith into the counseling process. Additionally, I focus on providing support for those in the ministry setting (such as pastors, missionaries, and their families).

## **The Center for Family Safety and Healing: Adult Services**

Clientele: Individual therapy for adults who have experienced intimate partner violence or domestic violence. Do not need to have children to receive services.

Insurance: Most insurance plans accepted; Options available for financial hardship and/or safety concerns.

Intake contact: 614-722-8293

Location: 655 East Livingston Avenue, Columbus, Ohio 43205; Telehealth also available.

Areas of Competency: Staff are trained in various therapy types including: Cognitive Behavioral Therapy (CBT), Motivational Interviewing (MI), Dialectical Behavioral Therapy (DBT), and Eye Movement Desensitization and Reprocessing Therapy (EMDR).

Other services also available including domestic violence advocacy, and therapy for children exposed to family violence/child abuse. The Center for Family Safety and Healing is part of Nationwide Children's Hospital.

### **Brent Flory**

Clientele: Individual, marriage and family counseling

Areas of Competence: I am passionate about helping people who struggle with anxiety. I also specialize in depression, relationship issues of all varieties, loss and grief, and substance use disorders. As a former pharmacist and church planter, I am able to connect with people from a wide variety of backgrounds. I enjoy helping Christian clients see how their faith can contribute to their healing, and sharing Scripture passages that speak to their struggles and give hope to their future.

Insurance: Private pay only

Office location:

20 Northwoods Blvd Suite B1  
Columbus, OH 43235

Contact: [www.oaktreecounseling.net](http://www.oaktreecounseling.net)  
614-245-3785

### **Josh Hartzler , MA, LPC**

Clientele: all ages

Contact: 614.266.0503 or [josh.hartzler@biblicalsolutions.co](mailto:josh.hartzler@biblicalsolutions.co)  
Web Site: [www.biblicalsolutions.co](http://www.biblicalsolutions.co)

Insurance: Biblical Solutions does not bill insurance; however, sessions may be covered by your health insurance. Please see their web site for details and consult your insurance provider.

Areas of Focus: family life/children, marriage, depression, relationships, healing and personal growth

**Jennifer Shonk, LPC-CR**

Clientele: ages 13 and up

Contact: 614.442.7650 Ext. 10 or [jwright.sopcc@gmail.com](mailto:jwright.sopcc@gmail.com)

Web Site: [www.spiritofpeaceclinicalcounseling.com](http://www.spiritofpeaceclinicalcounseling.com)

Insurance: ACI Specialty, Impact EAP, Medical Mutual, OSU/NGS, Prime Health Services

Areas of Focus: abuse, addiction, adolescent issues, anxiety, career issues, depression, grief & loss, life transitions, relational issues and stress management.

**Tim Stauffer, MA, LPCC, SRT**

Clientele: Adults and adolescents

Contact: 614.949.6227

Web Site: [www.timstauffercounseling.com](http://www.timstauffercounseling.com)

Insurance: Tim Stauffer does not bill insurance companies; however, sessions may be covered by your health insurance. Please see his web site for details on in-office counseling rates and submitting receipts to your insurance company. Please consult your insurance provider.

Areas of Focus: sexual addictions, marriage/couples issues, pre-marital, diagnosis and treatment of mental & emotional disorders, anxiety & depression, family issues, communication issues, anger & stress management, career counseling and spiritual issues

## **John Wagner, Ph.D LPCD**

Clientele: all ages

Contact: 614.863.2399 or [jw@covpsych.com](mailto:jw@covpsych.com)

Insurance: a provider for most insurance and managed care plans in central Ohio.

Areas of Focus: Sexual abuse/disorders/addictions, depression, anxiety, marital/relational issues, divorce issues, ADHD/ADD, self-esteem issues, adolescents and children, life transitions, parenting, stress management, family issues, domestic abuse, eating disorders.

**These are biblically based counseling agencies with multiple locations in the Central Ohio area:**

### **Wellspring Counseling**

Children, adolescents, adults.

Website: <http://wellspringcolumbus.org/>

### **Cornerstone Family Services**

Children, adolescents, adults.

Website: <http://cornerstonefamilyservices.org/>

### **Beacon Center for Counseling**

Children, adolescents, adults

Website: <http://beaconcounselingcenter.com/>

## **Speak Life Christian Counseling**

Children, adolescents, adults

Website: <http://speaklifechristiancounseling.com/>

## **Crossroads Counseling Group**

Children, adolescents, adults

Website: <http://crossroadscounselinggroup.com/>

*These are biblically-based, professional counselors that X Church recommends. We are in no way sponsored by, or financially/legally paired with any of them. If you have any questions or concerns, please contact <http://thex.church/contact/>*